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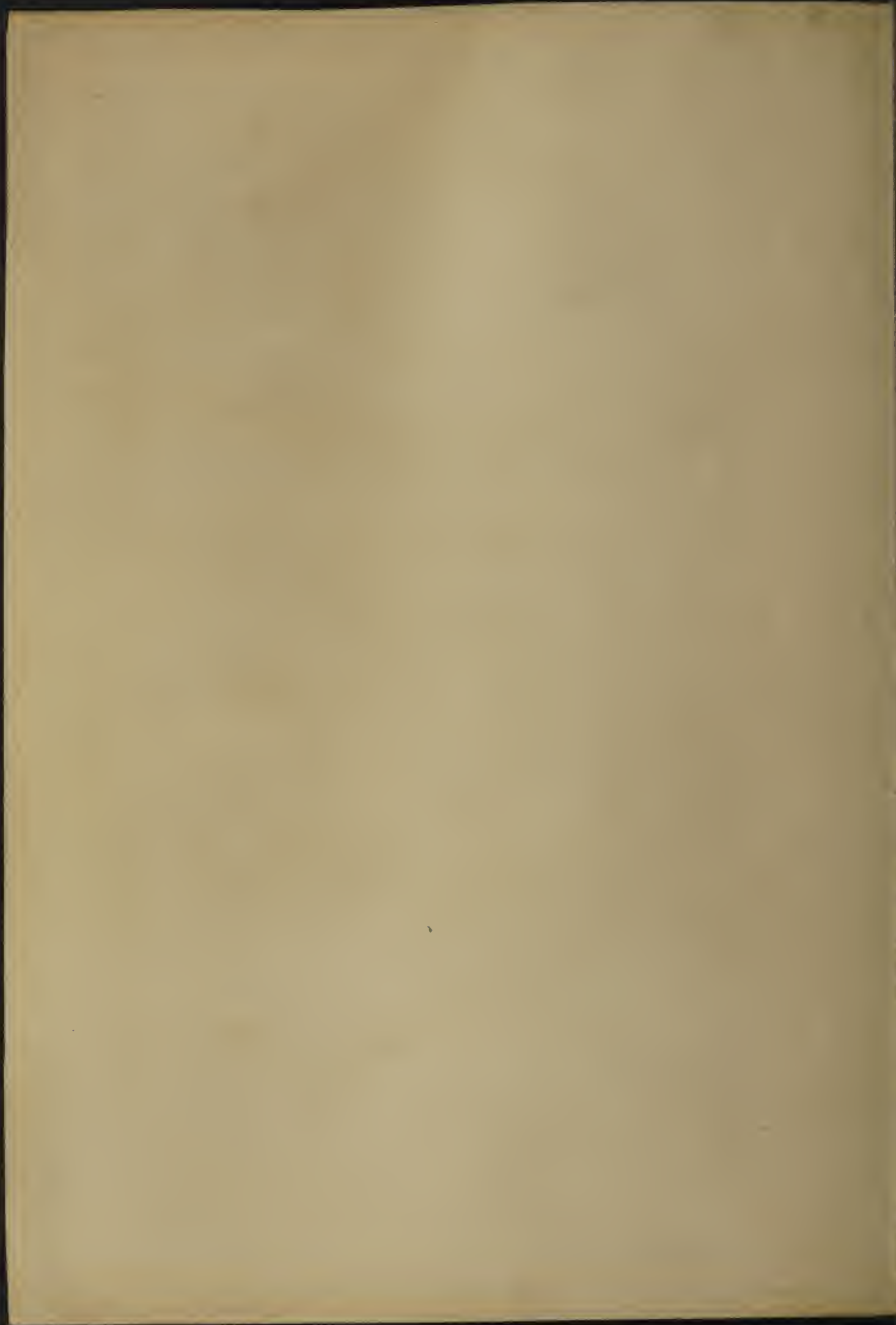
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Robt. Davies

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ORDERS,
THOUGHT MEET
BY HIS MAIESTIE, AND
His Priuy Councell, to bee executed
throughout the Counties of this Realm, in
such Townes, Villages, and other places, as
are, or may bee heerafter, infected with the
Plague, for the stay of further in-
crease of the same.

ALSO,

An Advice set downe by the best learned
in Physick within this Realme, containing sun-
dry good Rules, and easie Medicines, without charge
to the meaner sort of people, as well for the preserua-
tion of his good Subjects from the Plague
before Infection, as for the curing
and ordering of them after they
shall be infected.



LONDON,
Printed by BONHAM NORTON and JOHN
BILL, Printers to the King's most Excellent
Majestic. 1625.

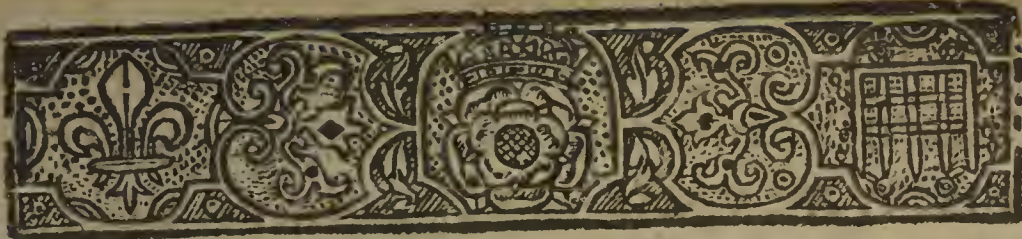
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Orders thought meet
by his Majesty and his Priuy Coun-
cell, to be executed throughout the Coun-
ties of this Realm, in such Towns, Villages,
and other places as are or may bee heerafter
infected with the Plague, for the stay of fur-
ther increase of the same.



AS the most louing and
gracious care of his MAIE-
STIE for the preservation
of his people, hath alreadie
been earnestly shewed and
declared by such means and
waies as were thought expedient to suppressse
the grieuous infection of the Plague, & to pre-
uent the increase thereof within the City of
London, and parts about it: so whatsoeuer other
good meanes may bee yet remaining, which
may extend and prooue behoouefull to the
Countrey abroad (where his MAIESTIE is
sorry to vnderstand, that the Contagion is also
in many places dispersed), it is likewise his gra-
cious pleasure, that the same bee carefully pro-
vided

uited and put in practice. And therefore ha-
 uing taken knowledge of certaine good Or-
 ders that were vpon like occasion published
 in times past, together with certaine Rules and
 Medicines prescribed by the best & most lear-
 ned Physicians; and finding both of them to
 serue well for the present time, His Maiesty is
 pleased, that the same shall bee renewed and
 published; and withall straitly commandeth
 all Iustices of the Peace and others, to whom it
 may appertain, to see the said Orders duely ex-
 ecuted.



IN primis, All the Iustices in euery
 Countie, aswell within the Liber-
 ties as without, immediately vpon
 knowledge to them giuen, shall as-
 semble themselves together at some
 one generall place accustomed, being cleare from
 Infection of the Plague, to consult how these
 Orders following may be duely put in execution,
 not meaning that any Iustices dwelling in or
 neere places infected, shall come thither, whyles
 their comming may be doubtfull. And after their
 first generall assembly, they shall make a distribu-
 tion of themselves to sundry limits and diuisions
 as in other common seruices of the County they
 are accustomed to doe, for the prosecution thereof.

against the Infection of the Plague.

2 First, they shall inquire, and presently informe themselves by all good meanes, what Townes and Villages are at the time of such assembly infected within euery their Counties, and in what Hundred or other Diuision, the said Townes and Villages are, and how many of the same places so infected, are corporate Townes, market Towns and Villages, and shall consider of what wealth the inhabitants of the same Townes and Parishes are, to be able to relieue the poore that are or shall be infected, and to be restrained in their houses.

3 Item, thereupon after conference vled according to the necessitie of the cause, they shall deuise and make a generall taxation, either by charging the towne infected with one summe in grosse, or by charging y^e speciall persons of wealth within the same, to bee forthwith collected for the rate of one moneth at the first, and so if the sicknes shall continue, the collection of the like summe, or of more or of lesse, as time and cause shall require, and the same to be euery first, second, third, or fourth weeke employed to and for the execution of the said orders. And in case some of the said Townes infected shall manifestly appear not to be of sufficient ability to contribute sufficient for the charges requisite, then the taxation or collection shall bee made or further extended to other parts, or in any other further limits, as by them shall be thought requisite, where there shall be any such Townes or Villages so infected, and unable to relieue themselves. And if the sayd Townes bee situated in the borders and confines of any o-

Orders to be obserued

ther shire, then as the Iustices shall see cause and need for the greatnesse of the charge requisite, that the parts of the shire ioyning to the townes infected be not able, they shall write their letters to the next Iustices of the other Shire so confining, to procure by collection some reliefe, as in like cases they are to relieue them, in respect of neer neighbourhood of the place, and for that the same infection may be the better stayed from the said adjoining places, though they be separated by name of the County.

4 Item, they shall cause to bee appointed in euery Parish, as well infected as not infected, certaine persons to viewe the bodies of all such as shall die, befoze they bee suffered to bee buried, and to certifie the Minister of the Church & Churchwarden or other principall Officers, or their substitutes, of what probable disease the said persons dyed: and the said viewers, to haue weekly some allowance; & the moze large allowance, where the Townes or Parishes be infected; during the infection, towards their maintenance, to the end they which shall bee in places infected, may forbear to resort into the company of others that are sound: And those persons to bee sworn to make true report according to their knowledge; and the choice of them to bee made by direction of the Curate of the Church, with three or foure substantial men of the Parish. And in case the said viewers, either through fauour or corruption, shall giue wrong certificate, or shall refuse to serue being thereunto appointed, then to cause them to bee punished

against the Infection of the Plague.

punished by imprisonment, in such sort as may serue for a terror to others.

5 Item, the houses of such persons, out of the which there shall die any of the plague, being so certified by the viewers, or otherwise knowne, or where it shall be understood, that any person remaineth sicke of the plague, to bee closed vp on all parts during the time of restraint, viz. six weeks, after the sicknesse be ceased in the same house, in case the said houses so infected shall be within any Towne hauing houses neere adioyning to the same. And if the infection happen in houses dispersed in Villages, and separated from other houses, and that of necessitie, for the seruing of their cattell, and manuring of their ground, the said persons cannot continue in their houses, then they to be neuertheless restrained from resorting into companie of others, eyther publikely or privately, during the said time of restraint, and to weare some marke in their vppermost garments, or beare white rods in their hands at such time as they shall goe abroad: and if there be any doubt that the masters and owners of the houses infected, will not duly obserue the Directions of shutting vp their doozes, specially in the night, then shall there be appointed two or three watchmen by turnes, which shall be sworn to attend & watch the house, and to appzehend any person that shall come out of the house contrary to the order, and the same persons by order of the Iudices, shall be a competent time imprisoned in the stocks in the high way next to the house infected: and furthermore, some speciall marke shall be made and fixed

Orders to be obserued

to the Doores of euery of the infected houses, and where any such houses shalbe Innes or Alehouses, the signes shalbe taken Downe for the time of the restraint, and some crosse or other mark set vpon the place thereof to be a token of the sicknesse.

6 Item, they shall haue good regard to chuse honest persons that either shall collect the summes assessed, or shall haue the custodie thereof, and out of the said collection to allot a weekely proportion for the finding of victuall, or fire, or medicines for the poozer sort, during the time of their restraint. And whereas some persons, being well disposed to yeeld almes and reliefe, will bee more willing to giue some portions of victuall, as corn, bread, or other meat, the same shall be committed to the charge of some speciall persons, that will honestly and truely preferue the same, to be distributed as they shall be appointed for the pooze that are infected.

7 Item, to appoint certaine persons dwelling within the townes infected, to prouide and deliuer all necessaries of victuals, or any matter of watching or other attendance, to keepe such as are of good wealth being restrained, at their owne proper costs and charges, and the pooze at the common charges: and the said persons so appointed to bee ordered, not to resort to any public assembly during the time of such their attendance, as also to weare some marke on their vpper garment, or to beare a white rod in their hand, to the end others may auoid their company.

against the infection of the Plague.

8. Item, that in the Shire towne in euery County, and in other great townes meete for that purpose, there may be prouision be spoken and made of such preseruatiues and other remedies, which otherwise in meaner townes cannot bee readily had, as by the Physicians shall bee prescribed, and is at this present reduced into an Advice made by the Physicians, and now printed and sent with the sayd Orders, which may bee fixed in market places, vpon places vsuall for such publique matters, and in other townes in the bodys of the parish Churches and Chapels, in which advice onely such things are prescribed, as vsually are to bee had and found in all Countreys without great charge or cost.

9. Item, the Ministers and Curates, and the Churchwardens in euery Parish shall in writing certifie weekly to some of the Justices, residing within the Hundred or other limit where they serue, the number of such persons as are infected and doe not die, and also of all such as shall die within their Parishes, and their diseases probable wherof they died, and the same to be certified to the rest of the Justices at their assemblies, which during some conuenient time would bee euery one and twenty dayes, and thereof a particular booke kept by the Clerke of the Peace or some such like.

10. Item, to appoint some place apart in each Parish for the buriall of such persons as shall die of the plague, as also to giue order that they bee buried after Sun-setting, and yet neuertheless by day light, so as the Curate bee present for the

Orders to be obserued

obseruation of the Rites and Ceremonies prescribed by the Law, foreseeing as much as conveniently he may, to be distant from the danger of infection of the person Dead, or of the company that shall bring the corpe to the graue.

11 Item, the Iustices of the whole County to assemble once in one & twenty dayes, to examine whether those orders bee duely executed, and to certifie to the Lords of the priuy Councell their proceedings in that behalfe, what Townes and Villages bee infected, as also the numbers of the Dead, and the Diseases whereof they Died, and what summes of money are taxed and collected to this purpose, and how the same are distributed.

12 Item, the Iustices of the hundred, where any such Infection is, or the Iustices next adioyning thereunto, to assemble once a weeke, to take accompt of the execution of the said Orders, and as they finde any lacke or disorder, either to refozme it themselves, or to report it at the generall assembly there, to be by a moze common consent reformed.

13 Item, for that the contagion of the plague groweth and increaseth no way moze, then by the vse and handling of such clothes, bedding and other stufte as hath beene worne and occupied by the Infected of this disease, during the time of their disease: the said Iustices shall in the places infected take such order, that all the said clothes and other stufte, so occupied by the diseased, so soone as the parties diseased of the plague are

all

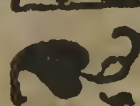
all of them either well recovered or dead, be either burnt and cleane consumed with fire, or els ayred in such sort as is prescribed in an especiall articie contained in the Advice set downe by the Physicians. And for that peradventure the losse of such apparell, bedding, and other stufte to be burnt may bee greater then the pooze estate of the owners of the same may well beare: it is thought very good and expedient, if it bee thought meete it shall be burnt, that then the sayd Justices, out of such collections as are to bee made within their Counties for the reliefe of the poozer sort that bee infected, allow also to them such sum or summes as to them shall be thought reasonable, in recompence of the losse of their sayd stufte.

14 Item, the sayd Justices may put in execution any other Orders that by them at their generall assembly shall be devised and thought meete, tending to the preservation of his Maiesties subjects from the infection: and to the end their care and diligence may the better appeare, they shall certifie in writing the said Orders newly devised: and if any shall wilfully breake and contemne the same, or any of the orders herein specified, they shall either presently punish them by imprisonment, or if the persons so contemning them, shall bee of such countenance, as the Justices shall thinke meete to have their faults knownen to his Maiesty, or to the Counsell, they shall charge and binde them to appeare befoze Us, and the contempt duely certified, that there may be a more notozious sharpe example made, by punishment of the same by order of his Maiesty.

15 Item, if there be lacke of Iustices in some parts of the Shire, or if they which are Iustices there, shall bee for the time absent, in that case the moze number of the Iustices at their assembly shall make choice of some conuenient persons to supplie those places for the better execution hereof.

16 Item, if there be any person Ecclesiasticall or Lay, that shall hold and publish any opinions (as in some places report is made) that it is a vaine thing to forbear to resort to the infected, or that it is not charitable to forbid the same, pretending that no person shall die but at their time prefixed, such persons shall be not onely reprehended, but by order of the Bishop, if they be Ecclesiasticall, shall be forbidden to preach, and being Lay, shall be also enioyned to forbear to vtter such dangerous opinions vpon paine of imprisonment, which shall bee executed, if they shall perseuere in that errour. And yet it shall appeare manifestly by these Orders, that according to Christian charity, no persons of the meanest degree shall bee left without succour and reliefe.

17 And of these things aboue mentioned, the Iustices shall take great care, as of a matter specially directed and commanded by his Maiesty, vpon the princely and naturall care hee hath conceiued towards the preservation of his subiects, who by very disorder, and for lacke of direction do in many parts wilfully procure the increase of this generall contagion.

 An aduice set downe by the best
learned in Physicke within this
Realme:

*Conteining sundry good Rules and easie
Medicines, without charge to the meaner sort
of people, as well for the preservation of his good
Subiects from the Plague before Infection, as for
the curing and ordering of them after
they shall be infected.*

Preseruatione by correcting the ayre in houses.



Take Rosemarie Dried, or Juniper,
Bay-leaves, or Frankincense, cast
the same on a Chafindish, and
receiue the fume or smoake
thereof: some aduise to bee ad-
ded Lauende, or Sage.

Also to make fiers rather in
Pannes, to remooue about the Chamber, then
in Chimneyes, shall better correct the ayre of the
Houses.

Take a quantity of Vineger very strong, and put
to it some small quantity of Rosewater, tenne bran-
ches of Rosemary, put them all into a Basin, then
take five or sixe Flintstones, heated in the fire till
they be burning hote, cast them into the same Vi-
neger, and so let the fumes bee receiued from place
to place of your House.

Perfuming of Apparell.

Such apparrell as you shall commonly weare, let
Sit bee very cleane, and perfume it often either
with

The Advice

with some redde Saunders burned, or with Iuniper. And if any shall happen to bee with them that are visited, let such persons as soone as they shall come home, shift themselves, and ayze their clothes in open ayze for a time.

Preseruation by way of defence in open aire, and common assemblies to be vsed outwardly.

It is good in going abroad into the open ayze in the streets, to hold some things of sweet sauour in their hands, or in the corner of an hankerchiefe, as a sponge dipped in Vineger and Rosewater mixed, or in Vineger, wherein Wormewood, or Rue called also Herbegrace, hath beene boyled.

Preseruatiue by way of inward medicine.

Take a quantity of Rue, or Wormewood, or of both, and put it into a pot of vsuall Drinke, close stopped, let it lie so in steepe a whole night, and drinke thereof in the morning fasting.

In all Summer plagues, it shall be good to vse Sorrel sauce to be eaten in the morning with bread. And in the fall of the leafe to vse the iuyce of Barberries with bread also.

By the constitution of the heart, the vitall spirits being weake, and the naturall heate feeble, in which case things Cordiall are to be vsed.

Mens bodies are apt to take infection, either

By repletion, the body being filled with humors, either

Good, and then is the party to bee let blood.

Euil, & then is he to be cured with medicine purgatiue.

Preserua-

of the Physicians.

Preseruatines Cordials.

Mithridates Medicine.



Take of good Figges not worm eaten, cleane washed, of Walnuts the kernels cleane picked, of either of them an hundred, of the leaues of greene Rue otherwise called Herbegrace, the weight of ii. s. of common Salt the weight of iii. d. cut the Figges in peeces, and stampe them and the Walnut kernels together in a mortar of marble or wood a good space, vntill they be very small, and then put the Rue leaues vnto them, stampe and stirre them well together with the rest, last put in the Salt, and stampe and stirre these things together, vntill they bee incorporated and made of one substance. Of the which take the quantity of ii. or iii. Figges euery morning fasting; to childzen the halfe will serue, and hee that listeth to increase or diminish the substance of this medicine, shall easily doe it, by taking of a greater or lesse quantity of the simples according to a due proportion.

A well approued Medicine to preserue.

Take of the finest cleare Aloes you can buy, in colour like to a Liuer, & therefore called Hepatica, of Cinamon, of Myrrhe, of each of these the weight of iii. French crowns, or of xxii. d. of our money, of Cloues, Mace, Lignum Aloes, of Mastick, of Bole Oriental, of each of these halfe an ounce: mingle them together & beat them into a very fine powder. Of the which take euery morning fasting the

The Aduice

weight of a groate, of this in white wine Delayed with water, and by the grace of God you shall bee safe from the Plague. No man which is learned, if hee examine the simples of this medicine whereof it consisteth, and the nature and power of them, can deny but that it is a medecine of great efficacy against the Plague, and the simples whereof it is made, are easily to bee had in any good Apothecaries shop, except Bole Oriental, which is vsed in the stead of true Bolus Armenus.

Take a drie Figge and open it, and put the kernell of a Walnut into the same beeing cut very small, thzee or foure leaues of Rue commonly called Herbegrace, a corne of Salt, then rost the Figge and eate it warme, fast iiii. or v. houres after it, and vse this twice in the weeke.

Take the powder of Turmentil, the weight of sixe pence, with Sorrel, or Scabious water in Summer, and in Winter with the water of Valerian, or common Drinke.

Or else in one day they may take a little Wormwood, and Valerian, with a graine of Salt. In another day they may take vii. or viii. berries of Juniper, dried and put in powder, and taking the same with common Drinke, or with Drinke in which Worm-wood & Rue hath been steeped all the night.

Also the triacle called Diatesfaron, which is made but of 4 things of light price, easie to be had.

Also the root of Enula Campana, either taken in powder with Drinke, or hanged about the brest.

Likewise a piece of Arras root kept in the mouth as men passe in the streets, is a very good Cordiall.

Take sixe leaues of Sorrell, wash them with water and Vineger, let them lie to steepe in the sayd water

of the Phylicians.

water and Vineger a while, then eat them fasting, and keepe in your mouth, and chew now or then either Stewall, or the roote of Angelica, or a little Cinamon.

Take the roote of Enula Campana being laid and steeped in Vineger, and grosse beaten, put a little of it in a handkerchiefe, and smell to it, if you resort to any that is infected.

For women with childe, or such as be delicate & tender, and cannot away with taking of Medicines.

Make a toste of white, or of y^e second bread, as you think good, and sprinkle on it being hote a little good wine Vineger, made wth Rose leaues, and for want of it, any good common or v^led Vineger, & spread on the toste a little butter, and cast thereon a little powder of Cinamon, and eat it in the morning fasting. The poore which cannot get Vineger, nor buy Cinamon, may eat bread and butter alone: for butter is not only a preseruatue against the Plague, but against all manner of poysons.

When one must come into the place where infectious persons are, it is good to smell to the roote of Angelica, Gentian, or Valerian, and to chew any of these in his mouth.

Another Preseruatue for the poore.

It shal be good to take an handfu^l of Rue, and as much common Wormewood, and bruisse them a little: and put them into a pot of earth or Tinne, with so much Vineger as shall couer the herbes: keep this pot close couered or stopt, and when you feare any infection, dippe into this vineger a piece of a sponge, and carry it in your hand and smell to it, or else put it into a round ball of Yuorie or Iu-

The Aduice

niper made full of holes of the one side, carrying it in your hand, vse to smell thereunto, renewing it once in a Day.

To be vsed after Infection taken.

FOR as much as the cause of the Plague standeth rather in poyson, then in any putrefaction of humors as other agues doe, the chiefest way is to moue sweatings, & to defend the heart by some Cordiall thing.

Suppositary.

If the Patient be costive and bound in his body, let him take a Suppositarie made with a little boyled Honie, and a little fine powder of Salt, & so taken in at the fundament, and kept till it moue a stoole.

An excellent Medicine made without charges.

TAke of the powder of good Bay-beries, y^e huske taken away from them, before they be dzyed, a spoonefull: Let the Patient drinke this, well mingled in a draught of good stale Ale, or Beere, which is neyther sowre nor dead, or with a draught of white wine, and goe to bed and cast himselfe into a sweate, and forbear sleepe as is aforesaid.

*Another soueraigne remedy, that is a
stilled water.*

TAke the inward bark of the Ashe tree, a pound, of Walnuts with the greene outward shelles, to the number of fifty, cut these small, of Scabious, of Veruen, of Perimorel, of Housleeke, of euery one a handfull, of Saffron halfe an ounce, powze vpon these the strongest Vineger you can get foure pintes,

of the Physicians.

pintes, let them a little boyle together vpon a very soft fire, & then stand in a very close pot well stopt all a night vpon the embers, afterward distill them vwith a soft fire, and receiue the vwater close kept. Giue vnto the Patient laid in bed and well couered vwith clothes, two ounces of this vwater to drinke, and let him be prouoked to sweate, and euery sixe houres, during the space of twenty foure houres, giue him the same quantity to drinke. This Medicine for the worthinesse thereof, and because it vwill stand the maker thereof in little charge, it shall be very vwell done to distill it in Summer vwhen the Walnuts hang greene on the tree, that it may be ready against the time that occasion serueth to vse it.

1. Blood-letting.

If the patient be full of humors which be good, let him immediatly be let blood vpon the Liuer veine in the right arme, or in the Median veine of the same arme (if no soze appeare) in the first Day.

2. Medicine purgatiue.

For the poore, take Aloes the vweight of sixe pence, put in the pap of an Apple: and for the richer Pilles of Rufus to be had in euery good Apothecaries shop. After letting of blood and purging (as shall be needfull) some of the fozenamed Cordials are to be vbled.

These preparations thus vbled the first Day that the Patient shall fall sicke, as cause shall be to vse the one or the other (no soze appearing) in which case if the soze shall appeare, they are both to bee


The Aduice

forbozn, the next is to vse all meanes to expell the
poyson, and to defend the heart by Cordials.

3. Medicament expulsiue.

The poyson is expelled best by sweatings pro-
uoked by posset Ale made with Fenel and Ma-
rigolds in Winter, and with Sorrell, Buglosse and
Borage in Summer, with the which in both
times they must mixe the Treacle of Diatesaron,
the weight of ix. d. and so to lay themselues with
all quietnes to sweat one halfe houre, or an houre,
if they be strong. For they that be neither full of
humors nor corrupt in humors, neede neyther
purging nor letting of blood, but at the first
plunge may moue themselues to sweate with
Cordiall things, mixt with such things as mooue
sweate, and are befoze declared.

*What is to bee done when there is any rising
or swelling in any part.*

hen if by these thzee meanes the poy-
son be expelled outward by botches,
carbuncles, or markes, called Gods
markes, according as nature doth ex-
pell, so must the further proceedings
be, prouiding still, that they continue still in the vse
of the Cordiall and moderate sweating now and
then, all the time that the sores be in healing,
which must by the Surgion bee handled with
great discretion.

Medicines to bee vsed in ordinary diet.

It is thought that the powder of Harts horne
hath a speciall prerogative, to bee vsed all the
time

of the Phyficians.

time of their sicknesse in their broths and fupping, which in Summer muft euer haue Sorrell, Borage, Bugloffe, and if Winter, Betony, and Scabious or Morfus Diaboli, and in their habilities do not ferue, let them vse it with Aleburies made with a little Nutmegge, or one Cloue, or with Cawdels in like maner made with Cloues, Maces, Nutmegs, Sanders, or fuch like.

Both to preferue, and cure the ficknes.

Take an Egge, and make a hole in the top of it, take out the white and yelk, fill the fhell with the weight of two french crownes of Saffron, roft the faid egge thus filled with Saffron, vnder the embers, vntill the fhell begin to waxe yellow, then take it from the fire, and beate the fhell and Saffron in a Morter together with halfe a fpoonfull of Mustard feed; take of this powder a french crown weight, and asfoon as you fufpect your felf infected, diffolue it into ten fpoonfulls of poffet Ale, and drinke it luke-warme, then go to bed and prouoke your felfe to sweating.

To be vfed in the firft time of the ficknes.

Another is to take five or fix handfulls of Sorrell that groweth in the field, or a greater quantitie, according as you wil diftill moze or lefs of the water thereof, and let it lie infried or fteeped in good vineger the fpace of foure and twenty houres, then take it off, and dry it with a linnen cloth put into a Linbecke, and diftill the water thereof: And asfoon as you finde your felfe touched with the ficknesse, drinke foure fpoonfulls of the faid water with a little Sugar, and if you be

The Aduice

able, walke vpon it vntill you doe sweate, if not. keepe your bed, and beeing well couered, prouoke your self to sweating, and the next day to take as much againe of it a little befoze supper.

Item, to prouoke vomit with two ounces of ranke oyle, or Walnut oyle, a spoonfull of the iuice of Celendine, and halfe a spoonful of the iuice of radice root, so that the party infected doe walke and not sleepe, is better than any letting of blood, or any purging. For the disease neither can suffer agitation of humours, nor when one is infected, hath no time to bleed or to purge.

Outward Medicines for to be applied to the Sore.

The first.

TAke of Scabious two handfulls, stampe it in a stone mortar with a pestil of stone, if you can get any such, then put vnto it of old Swines grease salted, two ounces, and the yelke of an egge, stampe them well together, and lay part of this warme to the Sore.

The second.

TAke of the leaues of Mallowes, of Camomill flowers, of either of them an handfull, of Linseed beat into powder two ounces, boyle the Mallow leaues first cut, and the flowers of the Camomill in faire water, standing aboue a fingers breadth, boyle all them together, vntill all the water almost be spent: then put thereunto the Linseed, of Wheate flower halfe an handfull, of Swines

of the Physicians.

Swines grease the skins taken away three ounces, of oyle of Roses ten ounces, stirre them still with a stick, and let them all boyle together on a soft fire without smoak vntill the water be vtterly spent, beat them all together in a mortar, vntill they be vwell encozporated together and in feeling smooth, and not rough: then make part thereof hote in a dish set vpon a chafindish of coales, and lay it thicke vpon a linnen cloth applying it to the soze.

Another excellent Medicine to ripen and bring out the sore.

TAke a white Onion cut in pieces, of fresh butter three ounces, of Leuen the weight of xii. D. of Malloes one handfull, of Scabious, if it may be had, one handfull, of Cloues of Garlicke the vweight of xx. D. boile them on the fire in sufficient vwater, and make a poultesse of it, & lay it warme to the soze.

Another.

TO the soze it selfe doe thus. Take two handfull of Valerian, three rootes of Danewort, & handfull of Smalledge, or Louage, if you can get it, seethe them all in butter and vwater, and a fewe crummes of bread, and make a pultesse thereof, and lay it vwarmed to the soze vntill it breake.

Another for the same.

If you cannot haue these herbes, it is good to lay a loaf of bread to it hot as it commeth out of the ouen (vvhich afterward shalbe burnt, or buried in the earth) or the leaues of Scabious or Sorrel roasted, or two or three Lilly rootes roasted vnder embers, beaten and applied.

The Aduice, &c.

A generall Medicine for all sorts of people taken with the Plague, to be had without cost.

Take of the roote of Butter-burre, otherwise called Pestilent wort, one ounce, of the roote of great Valerian, a quarter of an ounce, of Sorrell, an handfull, boyle all these in a quart of water to a pint, then straine it, and put thereto two spoonfulls of Vineger, two ounces of good Suger, boyle all these together vntill they be well mingled, let the infected drinke of this so hote, as he may suffer it, a good draught, and if hee chance to cast it vp againe, let him take the same quantity straightway vpon it, and prouoke himselfe to sweat, and he shall finde great helpe.

Time of continuance apart from common Assemblies.

Such as haue beene infected, should keep their house, without being conuersant with y^e whole, vntill the sores shall haue left running, and be perfectly whole and sound, which in sanguine and cholericke persons will be healed sooner, than in melancholick and flegmatick complexions.

Such persons may not well be conuersant with them which are not infected, for the space of one moneth.

Infected Clothes.

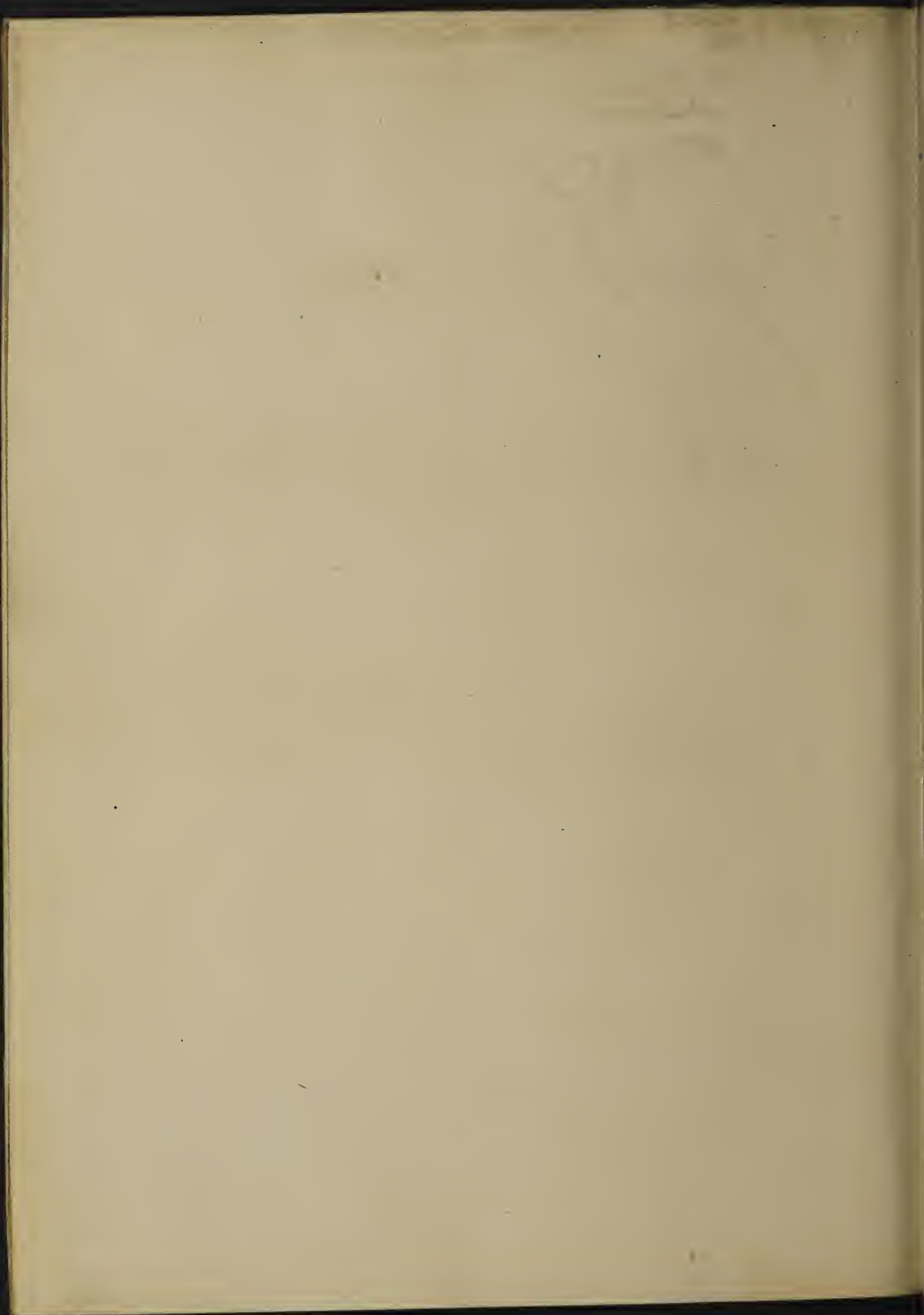
The Contagion suspected to remain in clothes, either wollen or linnen, cannot well be auoyded by better meanes, than by fire and water, by often washing and ayzing the same in frosts, and Sunne-saine, with good discretion, and burning the clothes of small value.

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